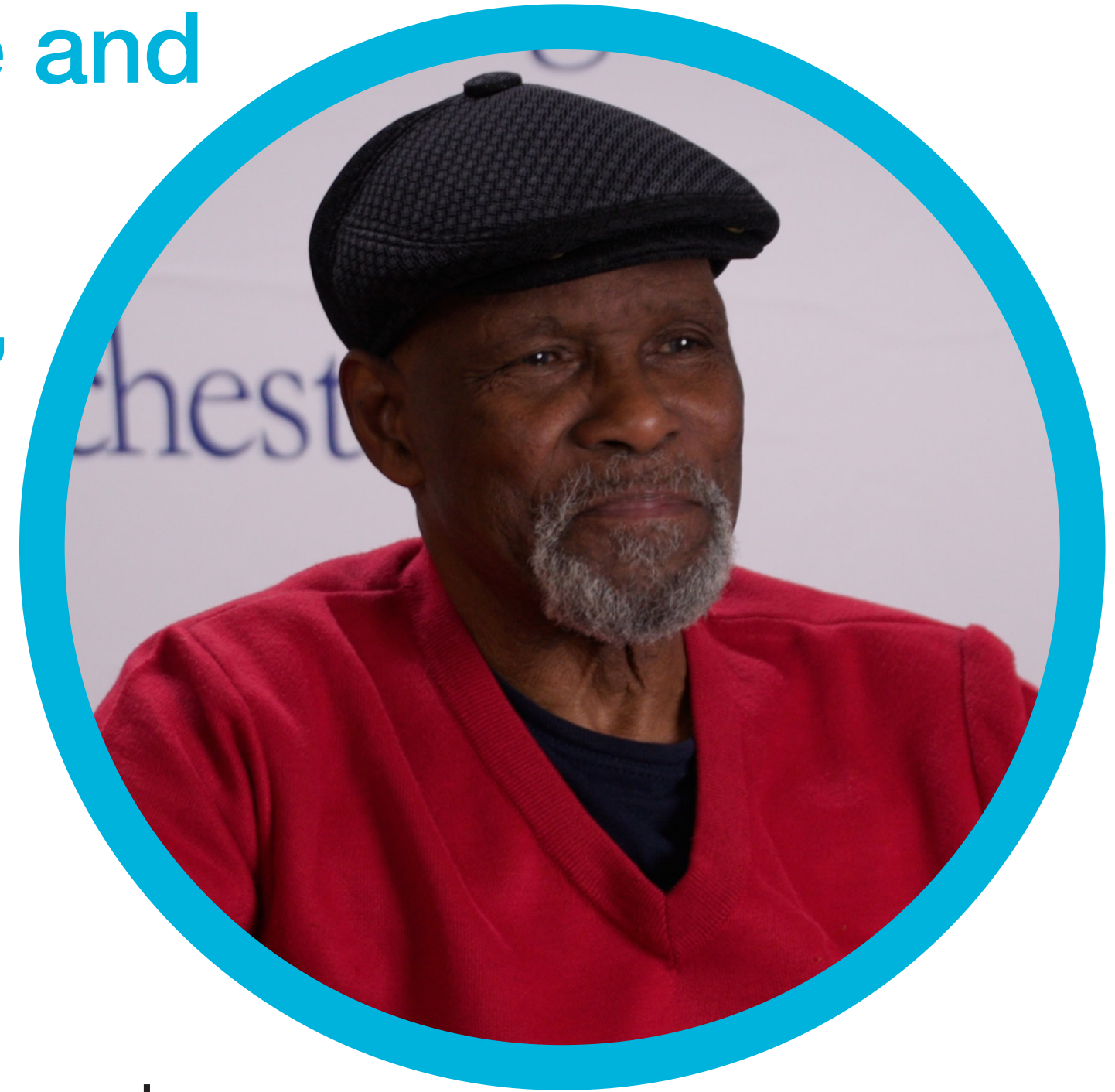


Mr. Samuel

OPEN ARMS MEN'S SHELTER AND HOUSING RETENTION PROGRAM CLIENT

I lived in an apartment my whole life and worked small jobs, on and off. I had a pretty good life. It wasn't the best, but the main thing is being alive and happy. When I had my accident, the nurse's aide wanted to send me to live in a place near the prison, and I was scared to do that. I ended up homeless for many years. I was distressed straight away and learned bad things, bad habits.



Eventually, **I found myself at Open Arms Men's Shelter.** The staff saw that I do better when I can stay to myself, and they set me up in a room upstairs. I liked being around people who care about you. Then you learn how to do good things, behave yourself, and stay out of trouble.

Lifting Up Westchester helped find me my own place and set me up with a home health aide. Life is a hard thing to cope with if you don't deal with it. But when you find people to show you a better path, then you can make it in the world.

