

Emanuel

NEXT GENERATION YOUTH PROGRAMS CLIENT

I was fifteen when I first started in Lifting Up Westchester's Mentoring Program. I knew I needed help but I was in a bad place. I had really bad depression and anxiety. I was pretty angry too. Eventually I learned I have bipolar disorder. **The Lifting Up Westchester tutors showed me they really cared about me and my future, and that helped me want to work harder in school and to seek support for my mental-health issue.**



When it was time to apply to school, the LUW staff helped me get into a college in California. But they did so much more to make sure I was successful. **They helped me apply and get into programs that kept me financially stable, including getting a scholarship from LUW.**

They called me every day to make sure I was ok, that I was staying on the right track and path in life. **With their help, I graduated from college, and today I am working full time as an EMT.**

